

The Flip Factory Presents

THE FIT FACTORY

Pensacola's only full-service children's fitness center!

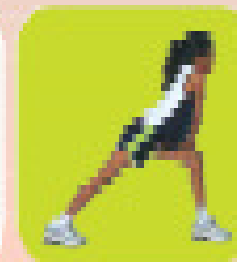
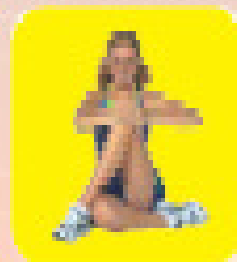
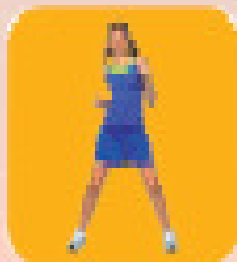
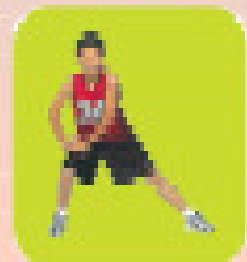
Opening March 17



- Inside the Flip Factory
- Cardio Fitness
- Party Packages
- 30-45 minute work out
- Fun, upbeat fast paced music
- Group Rates
- Strength Training
- Family Packages

Call today for more information and your FREE trial!

9245 Old Palafox St. • 969-9111



The **Fit Factory** fitness and nutrition program is now open and offers a 30 to 45 minute cardio and strength training circuit workout designed to challenge the beginner to advanced fitness buff. It is a fast paced, high energy workout with videos, music, movies and a trainer to keep you moving. Our equipment includes the seated dip, chin up, mid row, ab crunch, bench press, squat press, seated leg press, shoulder press, and back/hip extension machines. Our full service fitness center now offers gymnastics, cheerleading and a full line of fitness equipment. Please come in and get a FREE pass at the office and experience the newest most exciting workout you can have!